

Example of daily schedule:

- ❑ **6:30am:** Walk him (30 minutes) when you wake up.
- ❑ **7:30am:** Give him a “final” potty break before you leave for the day.
- ❑ **7:40am:** Put two cups of dry food into a plastic container and fill it so water is even with the top of the food. Put lid on container and put it in the fridge.
- ❑ **7:45pm:** Kennel him when you leave. Give him 2-3 Kongs filled with frozen food.
- ❑ **12-1pm:** Walk him. Go 30 minutes if you can.
- ❑ **3pm:** Quick potty walk before you leave again.
- ❑ **3:10pm:** Give him 1 Kong or purple toy with food when you leave for work.
- ❑ **9pm:** Potty walk (15 - 30 minutes if you can).

Potty routines(s):

1. He paces back and forth from the door to where you can see him when he needs to go outside.
2. He poops twice a day. Usually first thing in the morning and in the evening.
3. Poop MUST be cleaned up or I risk being fined for not cleaning up after him.

Food/water:

1. He gets unlimited water & 4 cups of food each day. He does not eat freely from a bowl. He has to work for his food. You can do this by giving him jobs (e.g. sit, stay, play games) and rewarding him with food or see notes below to prepare food.
2. To prepare his food:
 - a. Two dry cups go into one of the purple toys.
 - b. Take another two dry cups and put it into a plastic container with a lid. Add water level with the top of the food. Put covered container in fridge for a couple hours.
 - c. The two wet cups of food goes into the Kong toys once it has absorbed the water.
 - d. Put filled Kong's into plastic containers in the freezer overnight.
3. During the day, he gets the three Kong's of food in his kennel.
4. At dinner time, he gets the purple toy filled with dry food in his kennel.
5. He is only allowed to eat in his kennel but if the toys and Kongs are empty, he can have them in his dog bed or around the house.

Other notes:

1. He sleeps on his dog bed in the bedroom. His dog bed is called “place”. Tell him “place” and he should stay there all night.
2. I try to make sure that there is always a Kong or toy filled with food when I put him in the kennel. If there isn't, give him a rope toy or bone to keep him busy.
3. Pull the blanket or sheet down over the kennel door. Don't cover all four sides though. It gets too hot in there for him if it is completely covered.
4. I close my bedroom door to keep him in my room at night.

Contact Info: Vet Name, address & phone. My cell phone number: xxx-xxx-xxxx



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